

Testimonials

OVERCOMING STRESS AND DISEASE ...

"The free form SPIRIT DANCE with live indigenous music is very powerful. I think it is great for overcoming the stresses of life, increasing productivity on your job, or just as a general healing or meditative dance therapy that works the mind, body and spirit simultaneously. I believe SPIRIT DANCE can help everyone to discover their own power within."

Arnold Fox, MD, Author of "The Beverly Hills Medical Diet" and "Making Miracles"

INCREDIBLE THINGS HAPPEN ...

"Without fail, every one of our staff members came up to me and expressed their gratitude for the opportunity to experience the SPIRIT DANCE program. They thought it was one of the most incredible things that ever happened to them."

Anita Wilson, Executive Director, Gerson Healing Center, Sedona, Arizona

POWERFUL AND TRANSFORMATONAL ...

"Powerful and transformational come to mind for me ... breakthroughs that deal with feeling and not thinking or seeing, etc. Everyone's experience is a different and unique movie of their own making. That's the beautiful of Spirit Dance ... self choreographed movement and feeling ... freedom from the past. Every aspect of is great; you create what you want by setting your intent before you dance."

William S. Patterson, International Marketing Director, The Transformation Project

FREEDOM FROM FEARS AND INHIBITIONS ...

"Your fears and inhibitions are released so that your body can move freely with the rhythms of life."

Jill Serano, Vice President, National Organization of Women (NOW), South Florida Region

BY-PASS THE INTELLECT AND EGO ...

"SPIRIT DANCE is a totally experiential process that by-passes both the intellect and the ego and transports the participants to expanded realms of consciousness."

Joan Regal, Counseling & Psychotherapy, Regal-Myers Sanctuary

FEELING ONE WITH NATURE

"It was one of the greatest experiences in my life...it reconnected me to my true self...I felt one with all the elementals of nature...the wind...the rocks...the trees."

"I felt uninhibited in the blindfolds and only felt the desire to be intimate with myself in the dance even through there were many other people in the room dancing as well. I felt pulled in by the energy of the music and danced...that says a lot for me because I don't normally feel free to dance."

Members of Agape Church, Los Angeles, California on retreat in Sedona, Arizona